



O.B. MONTESSORI CENTER

COSMIC JOURNAL

The Pride of OB Montessori Center

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Angeles Edition

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■ COVER STORY

The Kapampangan Mythology and Identity

By Paulo Joshua Pangan
Grade 10-Ruby

Mount Arayat is one of the most popular tourist spots in

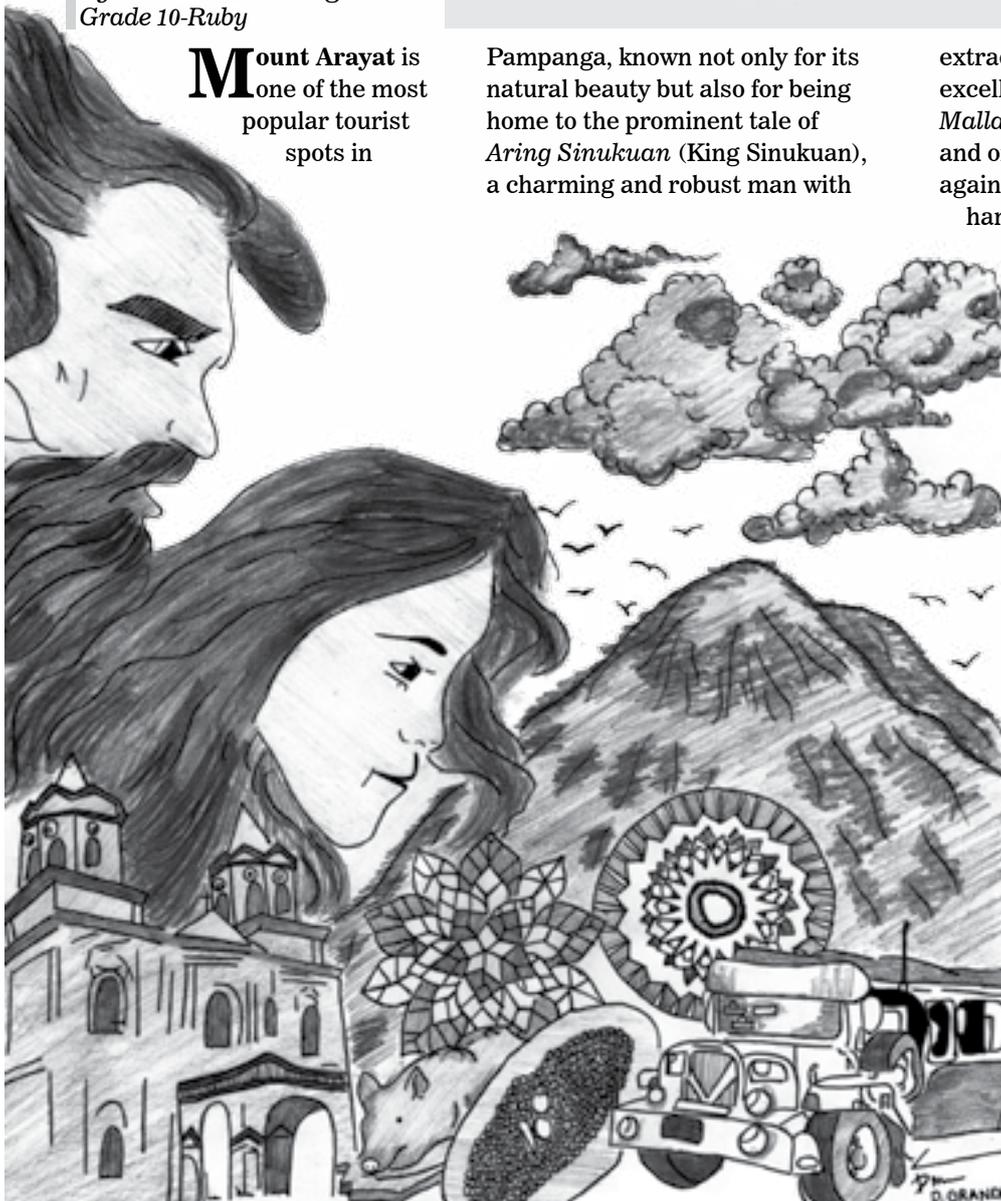
Pampanga, known not only for its natural beauty but also for being home to the prominent tale of *Aring Sinukuan* (King Sinukuan), a charming and robust man with

extraordinary strength and excellence. His archenemy, *Apung Mallari*, resided in Mount Pinatubo and once made it erupt in an attack against *Sinukuan*, who, on the other hand, remained resilient and

unwavering. With the quest of spreading Catholicism in the Philippines, the Spaniards rebranded the story of *Aring Sinukuan I*, which paved the way for the story of *Mariang Sinukuan*.

The themes and lessons of the legend of *Aring Sinukuan* and *Mariang Sinukuan* resonate the Kapampangan identity—their value for wisdom, love, perseverance, and loyalty. Kapampangans have a notable contribution in the government, arts, literature, and entertainment. Diosdado Pangan Macapagal, the ninth President of the Philippines; Aurelio Tolentino, the Father of Tagalog Drama; Crisostomo Soto, the Father of Kapampangan Literature; Vicente Silva Manansala, National Artist of the

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■ NEWS

Cosmic Journal Revamp

By Carmela Bien
Grade 9-Ruby

THE OBMC Cosmic Journal is now better than ever! To begin with, more people are now involved in its making. In addition to the system-wide Main Editorial Board, each campus now has a Campus Editorial Board and – wait for it – a Student Editorial Board! This enables each campus to issue its own Cosmic Journal four times a year; a considerable increase over the previous output.

For SY 2018-2019, fifteen high school students qualified as members of the student editorial team moderated by HS teachers Mr. Rogelio Alegrid, Mrs. Virni Dy-Malabana, and Ms. Tisha Allenequi.

Each OBMC campus now has its own edition of the school journal, giving its students an opportunity to share the Montessorian spirit with their local community. The spotlight is now on OBMC Angeles Campus, as each article and column showcases the unique identity of the school.

Informative reports of events, important announcements, relevant feature stories, original literary works, inspirational profiles, and fun-filled entertainment sections will add more taste to the plethora of flavors the journal has to offer. By fine-tuning the format and approach of the paper, the students may now connect more with their audience, either by expressing their opinions with the latest editorial, or by showing the readers the most memorable events with news reports and feature stories.

The OBMC Angeles editorial team ensures that the readers will appreciate and enjoy the campus's new-and-improved journal as the school community watches the quarters unfold, and the team makes timely events, timeless.

The Kapampangan Mythology and Identity

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Philippines in Visual Arts; Allan Pineda Lindo, known as “apl.de.ap,” a member of the hip hop group, Black-Eyed Peas; and many more.

Kapampangans have displayed evidence of strength, resiliency, and character similar to *Sinukuan* as history proves how Kapampangans rise even after numerous tragedies and disasters, such as the 1991 Mt. Pinatubo eruption that caused casualties and widespread damage

to the crops, lands, and water forms of Pampanga. Through it all, Kapampangans have been able to rebuild and stand firm with hope and positivity.

Kapampangan origin and identity continue to live in the mythologies that were handed down from generation to generation and play a significant role in the development and molding of the modern Kapampangan.

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■ NEWS

OBMC ANGELES holds first ever Kapampangan Forum

By Adriana Gozun and Matthew Malit
Grade 12-Jose and Grade 10-Ruby

ON AUGUST 3, OB Montessori Angeles Campus hosted the first ever Kapampangan Forum at Teatro Maximo to discuss the ordinance of Kapampangan as Angeles City's official language. Notable guest speakers Angeles City Vice Mayor Bryan Nepomuceno, Angeles City Councilor Amos Rivera, Kapampangan expert Michael Pangilinan, OBMC Academic Director Raimund Agapito, and OBMC Chief Operating Officer Sara Soliven De Guzman shared their insights on how government and academic institutions can fulfill their duties in making sure the *Amanung Sisuan* (mother tongue), a significant part of the Kapampangan culture, stays alive.

Ms. Sara Soliven De Guzman acknowledged how language

can shape OBMC students as future leaders; she believes that Kapampangan is essential to the Kapampangan-Filipino heritage and must be preserved and nurtured. “I reiterate my commitment and call for all the stakeholders of OB Angeles for the promotion, revitalization, and preservation of the Kapampangan culture. In order to be successful in any undertaking, we first need to have the clarity of vision, a good plan of action, and a strong team to get this going,” she said.

In OBMC Angeles, given the flexibility for self-expression and appreciation of the language, both students and teachers are making the effort to ensure that the language moves in one direction: forward.

■ NEWS

Buwan ng Wika 2018



By Adriana Gozun and Ayenne Tabora, Grade 12-Jose and Grade 9-Emerald

OB MONTESSORI Angeles joined the national celebration of the Buwan ng Wika 2018, with the theme, “*Filipino: Wika ng Kamalayan at Pakikisangkot Tungo sa Malayang Lipunan.*” Angeles campus initiated activities that support and promote, not only the country’s national language, Filipino, but also Pampanga’s official language, *Kapampangan*. This year’s Buwan ng Wika celebration aimed to showcase the culture of the different regions, raise students’ awareness of the current social issues in our country, and encourage everyone’s collective participation for the advancement of our national language.

The students and teachers of all the departments participated in a month-long celebration of the Buwan ng Wika 2018. The Primary and Intermediate

departments performed Filipino and Kapampangan songs and dances during their assembly, while the High School department took part in activities: *Dagliang Talumpati*, *Pagsulat ng Tula at Sanaysay*, Poster Making, *Sabayang Pagbigkas*, folk dance, fashion show, interpretative dance, video presentations, and OPM Idols. Another highlight of the celebration was the food presentation of each class from Grades 7 to 12 that showcased the delicacies of different regions such as Pampanga, Ilocos, Bicol, Cordillera, Central Visayas, and ARMM.

Grade 9 student Eleica Snyder said, “My favorite part of the program was, of course, the Grade 9 performance of *Noli Me Tangere*. Being personally involved, all parts of the Buwan ng Wika celebration were fun.”

Mr. Allan Tolentino, a HS Filipino teacher, shared “*Maaaring isang maliit na inisiyatibo lamang ito ngunit maaaring mag-iwan ng mas malawak na kabuluhan sa buhay ng ating mga mag-aaral.*” This event brought all the students and teachers together and definitely made it a delightful experience for everyone.

The celebration of Buwan ng Wika 2018, without a doubt, is one for the books.



■ NEWS

Filipino Musical beats Mainstream Films

By Riz Myles de Leon and Chloe Canivel
Grade 12-Jose

ON AUGUST 23, 2018, OBMC Angeles featured award-winning film *Ang Larawan* to the high school students and faculty. Showcasing Filipino family drama in the 1940s through a musical film adaptation of National Artist Nick Joaquin's play, *A Portrait of the Artist as Filipino*, the film proved to be a production like no other!

Ang Larawan revolves around two sisters and their conflict over the masterpiece their father had given to them. The traditional setting and general mood of the film gives the audience a sense of nostalgia. From playing dramatic period characters to singing cleverly written songs to belting out the high notes, the talented all-star cast executed their roles excellently.

Grade 12 student and Glee Club member Keana Simon thought the film carried a powerful message that indeed represented the Filipino

nation, beating the typical film plots while showcasing Filipino talent through music and art. Jinky Tungul, a Grade 10 student, described the film to be "very meaningful." She added that each scene captured symbols that represent the Filipino culture, such as the household set-up and the typical social attitudes among Filipinos. Overall, she thought that the film had good cinematography.

It is indeed not surprising to know that this film had won several awards in the 2017 Metro Manila Film Festival bagging Best Picture, Best Actress for Joanna Ampil, Best Musical Score for Ryan Cayabyab, Best Production Design for



Gino Gonzales, Gatpuno Antonio Villegas Cultural Award, and the Posthumous Special Jury Award for the late National Artist Nick Joaquin.

Ang Larawan is worth the watch, as it beats the mainstream clichés of Philippine cinema by tackling family drama creatively through a Filipino musical.



ANG LARAWAN OFFICIAL PAGE

■ TEACHER PROFILE

Our Resident Philosopher

By Ayenne Tabora
Grade 9-Emerald

THE WORLD has never been as competitive as it is today. To stand out, people need to adapt and learn fast. Our high school philosophy teacher Mr. Adrian Carlo C. Manlangit graduated as magna cum laude with a Bachelor of Arts degree in Political Science at University of the Philippines Diliman. He boasts not only an expertise in social sciences but also a love for sports. In UP, he played for the College of Social Sciences and Philosophy's men's volleyball team. His wide range of abilities has earned him the respect of both his students and colleagues. As a lover of memes,

music, and movies, he knows how to have fun and make things fun inside the classroom.

Mr. Manlangit's youth plays a big part in establishing a connection with his students. "One of the biggest struggles in teaching is seeing my students struggle. You can't stop caring. Their problems are your problems," he said.

Teaching for him is not just a job. It is a vocation. As an educator, he is guiding the minds of his students towards critical thinking. As Socrates famously said, "The unexamined life is not worth living."



■ PARENT PROFILE

The Levy Laus: Impossible Dreamer

By **Julienne Manalili and Ysabel Mutuc**
Grade 11-Amorsolo and Grade 11-Luna



“There is no substitute for hard work. It is easy to open up a business but difficult to keep it open.”

— *Levy Laus*

EVERYTHING BEGAN for the naughty, carefree high school student Levy Laus when his school warned him of possible expulsion. Knowing his parents were unable to complete their education, he decided to step up his game and work as hard as he could on his studies until college. After graduation, he took up his master’s degree in Business Administration at De La Salle University in Manila. Unfortunately, he dropped out three months later

after realizing that he must get a job to support his fiancée and family. He then landed a job as a clerk at a commercial bank and became the manager within five years at age 25, making him the youngest among his colleagues. After three years, the bank offered him a transfer to Manila. Although this was an opportunity for him, he did not pursue this due to his sentimental attachments towards his beloved home province. Instead, he decided to open his own business.

In 40 years, Mr. Laus now has 2,200 employees, building a legacy in no other place than in the heart of Pampanga. Through hard work and determination, he has proven that nothing is impossible if one works for it. He even turned his passion for cars into a profitable business. Now, he is the owner of the largest car dealership in the Philippines, Laus Group of Companies, carrying 12 major brands such as BMW, Chevrolet, and Ford.

■ STUDENT PROFILE

Crossroads of Success: The Intersection of Sports and Studies

By **Matthew Malit and Justin Lagman**, *Grade 10-Ruby*

Andrei Xavier Lorenz B. Factora is an exemplary Taekwondo athlete and a very motivated student. At age 5, he developed love for the sport. He began training and competing, both intensely and continuously. He said that his loved ones are his prime motivators in excelling both in his sports and studies. With hard work and perseverance, Andrei has championed in many events, such as the CLRAA 2016, Palarong Pambansa 2016, and Region 3 Taekwondo Championship 2018. In his journey to the Palarong Pambansa 2019, he won a gold medal in

the recent Angeles City Association of Private Schools Athletic Meet.

Andrei plans to continue what he is currently doing—working hard and playing hard to achieve his aspirations for the future. “Taekwondo is a profession, and I plan on being a professional athlete in the future to represent my country. I want to fight in the Asian and Olympic games,” Andrei shares.

He is also a diligent individual who values his academic tasks and responsibilities. His passion for the sport does not interfere with his



academics. “Studies is equally as important,” Andrei emphasizes. He points out that to be exceptional in both his sport and his studies is not easy. “To be a good student-athlete,” Andrei adds, “you need to have patience, time management, and discipline to do all your work.”

■ FEATURE

Preparing for College

By **Chloe Canivel**
Grade 12-Jose

Photos by **Moisev Agapito**
Grade 9-Ruby

IT'S THAT time of the year for OBAN's Grade 12 students! The pressure to prepare for college applications and to get into the country's most prestigious universities is stronger than ever. Here are some tips to guarantee yourself a spot at your dream university:

■ Study smart, not study hard.

Develop a mindset that will keep you motivated and maximize your resources. Learn actively and manage your time to avoid cramming!

■ Figure out the study method that is best for you.

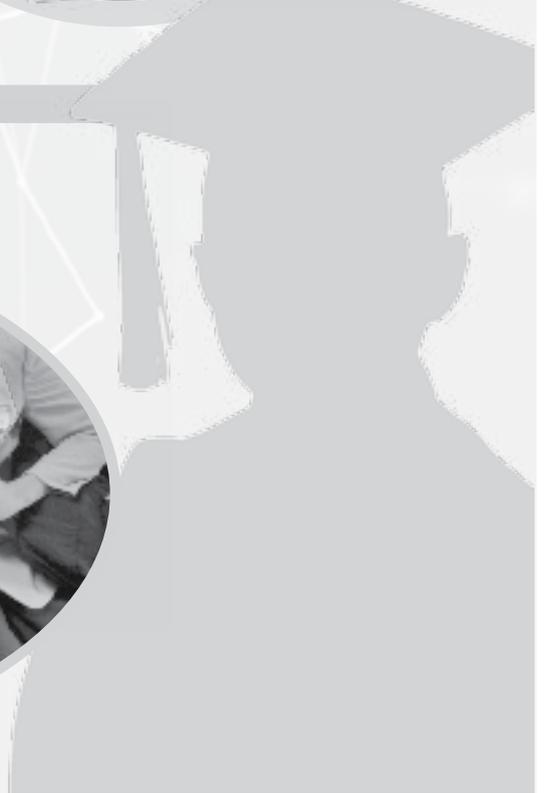
Whether it's alone at a café, with groups of people, or in a review class—find what works best for you. Commit to a study schedule, taking some time out of everyday to review.

■ Take breaks.

In moments of overwhelming stress or anxiety, never underestimate the power of a break. Take a nap, walk outside, or treat yourself to some ice cream. Your body is not a machine. It needs to be replenished to work well again.

■ Enjoy the journey!

Instead of stressing over the process, find a way to make the most of it. By doing this, you will end up learning more than you ever intended to. Best of luck!



■ LITERARY

Isang kahig, isang tuka

By Samantha Chu Tan
Grade 10-Emerald

Sabihin mo sa akin kung
saan ako nagkamali?
At ngayo'y kay lalim na
ng aking mga pisngi
Namumuti ang mga labi,
naghihirap ang mga binti
Hanggang kailan ko pa ba
kailangan manghingi?

Kung makikita ako sa sahih
Sa may pandesalan dyan sa tabi-tabi
Sa tingin mo ba ika'y ngingiti?
O baka naman ika'y mandidiri?

Pero sana nama'y 'wag mong lalaitin
Ang aking mga paang dahil
sa sahih nangingitim
At pakiusap ko rin 'wag
namang ipagkakait
Ang iyong itinatapon din
lamang na pagkain
At kung kayo'y nag-aalala
na baka gamitin ito sa pagtatagay

Wag nang mangamba dahil
mas gugustuhin ko pang mabuhay
Mas gugustuhin ko
pang makahinga
kaysa patayin ang aking atay
Mas gugustuhin ko pang makakain
Kaysa maging isang bangkay

Sa landas na gustong makita
Malalaking ginto man o basura
Dumedeponde sa aking kita
At baka kulang ang nasa bulsa

Kung makikita man,
kung makikita man
Ang aking
kalagayan
Wag palampasin o
balewalain
Tanggalin ang
mapanghus-
gang tingin



Motivations

By Matthew Malit
Grade 10-Ruby

You'll find that voice again
Realising where you've put it
How it makes sense, it was left there
Somehow made to be found again

Vivid lines aren't going to meet
When you yourself are too
dizzy to hold them
And your heart beats too loudly
For you to focus

Dayang Kapampangan

By Julia Samson
Grade 8-Emerald

Potang besibas me ing batu
King lawa, salta ya iti king danum
At gawa yang dakal a epektu

Makanyan mu naman
king amanung sisuan
Adyang deng indu at igpa
na la mu deng byasa
Ali ya parin mate ing
Dayang Kapampangan

Uli ating parin bayung umusbung
Karing tutung Kapampangan
Matwa ampong
kayanakan a manalakaran
Bastat ing pipunpunan tamu
ali ya makalingwan
At makaukit ya king pusu
at diwa tamu
Mabie ya ing amanung sisuan

Mabie ya ing
Dayang Kapampangan!

Comics

By SHERYNNA SANDIKO
Grade 12-Luna



Schedule Bar

Upcoming Activities:

November 19-23, 2018

2nd QTR Exams

October 31-November 4, 2018

Semestral Break

November 27, 2018

Holy Confirmation

November 5, 2018

Classes Resume

November 29, 2018

HS Public Speaking Festival

November 17, 2018

Parent-Student Seminar (Gr. 9)

November 30, 2018

Bonifacio Day

Overwhelmed

By Matthew Malit
Grade 10-Ruby

on the precarious prince
the meadows loud
my mind
lost

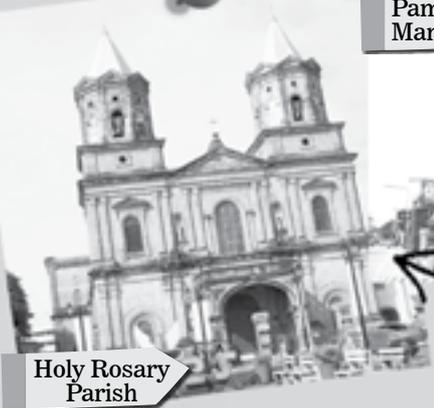
A day tour of Angeles

By Maegan Mallari
Grade 12-Jose



1.8 km

Pamintuan Mansion



Holy Rosary Parish

Pray & Learn

At the heart of the city is Barangay Sto. Rosario where you can find the most number of famous tourist sites displaying Kapampangan culture, namely Pisambang Maragul and the Museo Ning Angeles.

Relax

Need some time with nature to replenish mind and body? Take a trip to Clark, which is home to many hidden natural treasures. Explore and discover with family and friends!



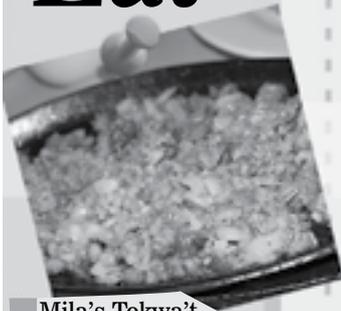
Green Canyon & Eco Park



16.2 km

Eat

We aren't the culinary capital of the Philippines for nothing! Mila's proves this with their authentic Kapampangan cuisine. A popular favorite is their iconic Sisig!



Mila's Tokwa't Baboy

It's October! Experience a weekend of lively music, tasty food, and festive spirits at the annual *Tigtigan Terakan Keng Dalan*, which translates to "dancing and singing in the streets."



Enjoy

4.3 km

1.2 km

You are here!

O.B. MONTESSORI ANGELES
The Angeles campus is located in the serene and homey environment of a province with a rich colorful culture.

